

P&F Parent Forum

An evening with Melinda Tankard Reist

Body, relationships and sexuality in young people

Parents, guardians and friends are warmly invited to attend the final Parent Forum of the year, hosted by the BBC Parents and Friends' Association.

Date: Tuesday 10 October 2017
Time: 6.00pm for 6.15pm start
Venue: College Hall
RSVP: Please register your attendance by 8 October [here](#)

Have you noticed that your children seem to be growing up too fast? That they are worried about their appearance and more aware of sexual issues at earlier stages? Children and young people are bombarded with hypersexualised messages from media and popular culture. Even small children are worried about their looks and physical appearance, shaped and conditioned at the earliest of ages by a dominant message that tells them they have to be 'hot' to be liked and accepted.

The lives of young people are increasingly socialised, conditioned and informed by exposure to porn related content online. Exposed to a pornified landscape, young people are 'acting out' through social media and sexting, putting their bodies on display for attention and judgement.

Drawing from current global literature on the subject, Melinda Tankard Reist will explore how the proliferation of sexualized images and messages contributes to a distorted view of bodies, relationships and sexuality in young people, hampering their healthy physical emotional and social development. How can we address this toxic culture and raise happy, healthy and resilient kids?

We urge all parents and friends to come along. There is no charge to attend this event, but seating is limited and registration is essential. Please [RSVP](#) to confirm your attendance by 8 October.

Melinda Tankard Reist (www.melindatankardreist.com) is an author, speaker, media commentator, blogger and advocate for women and girls. She is best known for her work addressing sexualisation, objectification, harms of pornography, sexual exploitation, trafficking and violence against women.

We hope you can join us and look forward to seeing you there.

Paul Martin
P&F PRESIDENT